



February 2019

## **Begin with God...He Helps Us Cast Out Worry**

*"I can do everything through him who gives me strength." Philippians 4:13.*

Worry. It has been a human characteristic since the fall of mankind into sin. Worry makes people weak and sad while Satan dances with glee.

**Worry Says:** God won't forgive me.

**But God Says:** ... *he is faithful and just and will forgive us our sins ...* (1 John 1:9b).

**Worry Says:** It will never work out.

**But God Says:** ... *in all things God works for the good of those who love him ...* (Romans 8:28a).

**Worry Says:** I just can't do it.

**But God Says:** *I can do everything through him who gives me strength* (Philippians 4:13).

**Worry Says:** I won't have enough.

**But God Says:** ... *God will meet all your needs.* (Philippians 4:19a).

**Worry Says:** I'm so worried that I can't sleep.

**But God Says:** *Cast all your anxiety on him because he cares for you* (1 Peter 5:7).

Jesus asks, *"Who of you by worrying can add a single hour to his life"* (Matthew 6:27)? Even in our darkest moments, we know that worry is futile. By believing in God's love and mercy, we can ask Him to take away our worries and replace them with confidence and trust.

God knows all your heartaches, concerns and worries. He will help you remember His promises when worries attack. Trust in Him for all that you need from day to day and moment to moment. He will help you know for certain that His loving answers will come at the right time and in the right way.

### **MONDAY NIGHT WOMEN'S BIBLE STUDY**

Our Monday night Bible Study has resume. We are currently studying, "But Now I See! Finding God's Plan for Your Life. Terri Denton hosts it in her home at 521 Walnut Avenue, Vacaville. This is a great time for getting to know other ladies while learning God's word.

### **VALENTINES AND COOKIES FOR SHUT-INS – February 9th**

On Saturday, February 9<sup>th</sup> at 10:00 am, LWML will be making Valentines and putting together cookie/candy boxes for our shut-ins. Please make some yummy cookies or candy and join the party. We will also give the congregation an opportunity to help on Sunday, February 10<sup>th</sup> during coffee hour.

### **MITE CHALLENGE – April 2018-March 2020**

Our district list of mission grants for 2018-2020 totals 100,000. **Bethany's mite challenge is \$3,100.** As of December, your MITES total \$1328.23! The progress board is posted in the Narthex and the grants are on the LWML bulletin board in the Fellowship Hall. The first 6 have been paid and the 7th grant is already funded! Please fill those Mite Boxes and continue God's wondrous work!

### **MARK YOUR CALENDARS!**

**February 9<sup>th</sup>** – Valentine and cookies for shut-ins. (Saturday)

**February 10<sup>th</sup>** – Make Valentines during Coffee Hour (Sunday)

**February 10<sup>th</sup>** - Meeting at 12:00 noon (Sunday) in Room B-8.

**YOU CAN MAKE A DIFFERENCE**

If you have an idea for a mission project, please come to one of the LWML meetings, held the **2<sup>ND</sup> SUNDAY** of each month. Many joyful hands are an asset and doing the Lord's work is rewarding. Praise God daily and encourage a fellow sister in Christ through the spoken word, cards, emails and prayers!

Carole Wilson – LWML President